Atomic Energy Regulatory Board (AERB) celebrated International Day of Yoga on June 21, 2019 at Niyamak Bhavan-A, Anushaktinagar, Mumbai.

The International Day of Yoga was celebrated in Atomic Energy Regulatory Board (AERB) on June 21, 2019 at Niyamak Bhavan-A, Anushaktinagar, Mumbai. In order to commemorate the occasion, a talk on "YOGA and Health" was delivered by the Yoga Guru, Shri Jateen Dave. Shri G. Nageswara Rao, Chairman, AERB graced the celebration by delivering inaugural address and Shri D. K. Shukla, Executive Director, AERB highlighted the importance of Yoga in our life. The talk by the Yoga Guru was followed by the Yoga session in which the exercises were demonstrated by him & his team and practiced by the AERB employees.



Shri G. Nageswara Rao, Chairman Atomic Energy Regulatory Board (AERB) delivering the inaugural address during the celebration of International Day of Yoga.



Shri D. K. Shukla, Executive Director, AERB delivering a talk on importance of yoga in human life during the celebration of International Day of Yoga.



Shri Jateen Dave, Yoga Guru giving a talk on "YOGA and Health" at AERB on June 21, 2019.



The Employees of AERB practicing Yoga on the international Day of Yoga under the guidance of Yoga Guru Shri Jateen Dave and his team.